

# CATALINA PEREZ, Ph.D.

Clinical Psychologist

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## EDUCATION

Doctor of Philosophy in Clinical Psychology  
Concentration in Children, Families, and Cultures  
The Catholic University of America

Master of Arts in Psychology  
The Catholic University of America

Bachelor of Arts in Psychology  
Universidad de los Andes

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## PROFESSIONAL LICENSURE & CERTIFICATIONS

Washington, D.C. License: PSY 1001539 Colombian License: 242803  
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) National Therapist Certification

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## CLINICAL EMPLOYMENT

Children's National Medical Center--Division of General & Community Pediatrics

- Staff psychologist in pediatric primary care

Washington Anxiety Center of Capitol Hill

- Outpatient staff psychologist serving children, adolescents, and adults with anxiety, depression, and OCD

Joseph Goryn, Psy.D & Associates

- Clinical consultant conducting culturally-informed assessments:
    - Placement needs evaluations for undocumented Hispanic minors under the care of the Office of Refugee Resettlement.
    - Immigration evaluations with undocumented adults residing in the U.S.
    - Bilingual (English-Spanish) academic achievement assessments in schools.
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## CLINICAL TRAINING

Children's National Medical Center--*Division of General & Community Pediatrics*

- Postdoctoral fellow in pediatric psychology with training in:
  - Primary care behavioral health consultations and short-term therapy
  - Healthy Generations Program--psychological services for adolescent mothers with postpartum anxiety/depression and support with parenting skills

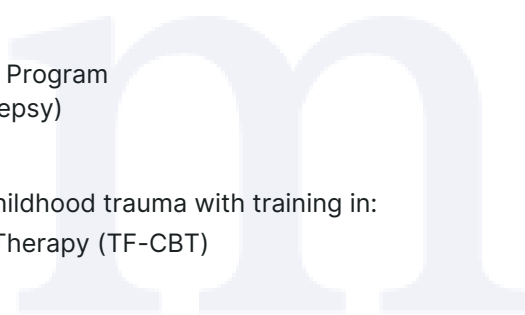
Ann & Robert H. Lurie Children's Hospital of Chicago

- Pre-doctoral intern in Clinical Child and Pediatric Psychology with rotations in:
  - Behavioral Health Consultation (medical inpatient rooms and emergency unit)
  - Developmental and Neuropsychological Assessment
  - Inpatient Psychiatry Unit
  - Partial Psychiatric Hospitalization
  - Outpatient Mood & Anxiety Program
  - Outpatient Pediatric Psychology Services
  - Outpatient Right Start /Early Childhood Clinic
  - Outpatient Trauma Treatment Services

Children's National Medical Center

- Pre-doctoral clinical psychology extern with rotations in:
  - Child Development Program
  - Chronic Pain Clinic
  - Neuropsychology Outpatient Evaluation Program
  - Center for Neuroscience Research (Epilepsy)

The Tree House Child Advocacy Center

- Pre-doctoral clinical psychology extern in childhood trauma with training in:
    - Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)
    - Parent Child Interaction Therapy (PCIT)
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## ADVANCED CLINICAL TRAINING

Pediatric OCD Behavior Therapy Training Institute

- The International OCD Foundation. Clinical consultations with Eric Storch, Ph.D

Parent-Child Interaction Therapy Training and Consultation

- Steven Kurtz, Ph.D., ABPP (PCIT Global Trainer)

Supportive Parenting for Anxious Childhood Emotions (SPACE) Therapist Workshop

- Eli Lebowitz, Ph.D., Yale Child Study Center

Using Brief Versions of the Unified Protocol for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents to Support Caregivers, Children and Adolescents

- Jill Ehrenreich-May, Ph.D. & Sarah M. Kennedy, Ph.D.

Trauma Focused – Cognitive Behavioral Therapy (TF-CBT) 2-Day Training

- Alicia Meyer, Ph.D.

Cognitive Behavior Therapy for Post-traumatic Stress Disorder

- Beck Institute for Cognitive Behavior Therapy

Unified Protocol for Emotional Disorders: Introductory Workshop

- Center for Anxiety and Related Disorders, Boston University

Effective Treatment of Hair Pulling & Skin Picking: Professional Training

- Trichotillomania Learning Center Professional Training Institute (Charles Mansueto, Ph.D.; Fred Penzel, Ph.D.; & Ruth Golomb, M.Ed., LCPC)

## RESEARCH EXPERIENCE

Multicultural Research Lab for Young Children & Families (PI: Sandra Barrueco, Ph.D.)  
*The Catholic University of America*

- Research assistant exploring maternal mental health and child socio-emotional functioning in Hispanic migrant and seasonal farmworkers participating in a Head Start Program.

Center for Research on Economic Development (PI: Raquel Bernal, Ph.D.)

*Universidad de los Andes*

- Research assistant for the adaptation and pilot phase of the Reach Up and Learn early childhood stimulation curriculum, in rural Colombia, for a longitudinal RCT. Doctoral dissertation data analysis on program home visitor depression, maternal depression, and parenting practices.

Practice, Research and Policy Division

*American Psychological Association (APA)*

- Graduate student intern assisting in the initial development of APA's treatment guidelines for depression, obesity, and PTSD.

## PUBLICATIONS & PRESENTATIONS

**Perez, C.**, Bernal, R., Macias, M., & Barrueco, S. (2023). *Prevalence and correlates of depression in early childhood home visitors serving rural Colombian families*. Research Square. <https://doi.org/10.21203/rs.3.rs-3326867/v1>

Lauer, M., **Perez, C.**, & Marschall, D. (2020, March). *Addressing medical trust and therapeutic rapport within the Latinx community in our Nation's Capital*. Symposium presented at the Society of Pediatric Psychology Annual Conference, Dallas, TX, United States.

**Perez, C.**, Lauer, M., Sharma, S., Morton, M., & Marschall, D. (2019, April). *Whole Bear Care primary care behavioral health services: Meeting the behavioral health needs of District youth*. Poster presented at Children's National Medical Center Research and Education Week.

**Perez, C.**, Barrueco, S., & Bernal, R. (2018, November). *Prevalence and correlates of depression in a Colombian sample of early childhood providers*. Poster presented at the 52nd annual convention of the Association for Behavioral and Cognitive Therapies.

**Perez, C.**, Barrueco, S., Gómez, M.L., & Rubio-Codina, M. (2015, November). *Maternal depression in rural Colombia: Implications for clinical interventions based on sociodemographic and personality characteristics*. Poster presented at the 49th annual convention of the Association for Behavioral and Cognitive Therapies.

**Perez, C.** & Barrueco, S. (2015, August). *Maternal predictors of child socio-emotional wellbeing in Hispanic migrant and seasonal farmworkers*. Poster presented at the annual convention of the American Psychological Association.

**Perez, C.**, Barrueco, S., Kohrt, B.K. (2015, March). *Maternal home practices, depression, and child socio-emotional functioning in Hispanic migrant and seasonal farmworkers*. Poster presented at the biennial meeting of the Society for Research in Child Development.

Barrueco, S. & **Perez, C.** (2015). *Assessment and the Hispanic community*. In P. Moglia (Ed.), Salem Health-Psychology and Behavioral Health. Anemia, NY: Grey House Publishing.

Kohrt, B.K., Barrueco, S., & **Perez, C.** (2015). *Domestic violence as a threat to maternal and child well-being in Peruvian urban migrant communities*. Pan American Journal of Public Health, 34(4/5), 256-272. Practice Research & Policy Staff (2014). Research Roundup: Transitioning to parenthood. Practice Update, 11(11). Washington, DC: APA Practice Organization.

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## AWARDS

The International OCD Foundation Behavior Therapy Training Institute (BTTI) Scholarship

National Register of Health Service Psychologists Credentialing Scholarship

Elizabeth M. Koppitz Child Psychology Graduate Student Fellowship

Society for Research in Child Development Frances Degen Horowitz Millennium Scholars

